



**NAVODAYA KANNADA SEVA SANGHA'S**  
**NAVODAYA ENGLISH HIGH SCHOOL AND JUNIOR COLLEGE, THANE.**



**NAV KIRAN**  
**SYNOPSIS FOR THE ACADEMIC YEAR 2025-2026**  
**FOR THE MONTH OF JUNE & JULY 2025**

<b>ENGLISH</b>	<b><u>LITERATURE SKILL</u></b>
<b>READING</b>	To say alphabets A-Z with Phonic Sound. Recognition of Alphabets with Pictures. (pg. no. 4 to 11) (Firefly foundation alphabet letter recognition)
<b>RECITATION</b>	Chubby cheeks (pg. no. 34) Johnny, Johnny (pg. no.40) Twinkle, Twinkle, little star (pg. no. 52) Teddy Bear, Teddy Bear (pg. no. 44) (Firefly foundation: rhymes & stories)
<b>WRITTEN</b>	<b><u>FINE MOTOR SKILL</u></b> Pre-writing patterns & strokes, hand – eye co-ordination activity, concentration activity, hand finger muscle activity, brain boosting activity, bilateral co-ordination and brain gym activity. Pencil gripping, clay moulding, Tracing on salt & sand.
<b>MATHS (ORAL &amp; WRITTEN)</b>	<b><u>NUMERICAL SKILL</u></b> To Say Nos. 0 to 5 & To Write No. 0
<b>G.K (ORAL)</b>	<b><u>CONCEPTUAL SKILL</u></b> Fruits & Vegetables (pg. no. 30 to 36) (Firefly foundation: general awareness)
<b>CONVERSATION</b>	<b><u>COMMUNICATION SKILL</u></b> <b>MYSELF</b> <b><u>MY SELF :-</u></b> 1. My name is _____ 2. I am 3 years old. 3. I am a girl/boy. 4. I live in _____
<b>STORY</b>	<b>The Grapes are sour</b>
<b>COLOURING</b>	<b><u>Fine motor skill (Hand- eye co-ordination and crossing the mid line.</u></b> <b>Grapes &amp; Chocolate</b>
<b>ACTION SONGS</b>	A B C SONG (pg. no. 4) Baarish Aayee (Firefly foundation: rhymes & stories)
<b>PHYSICAL EDUCATION</b>	<b><u>BILATERAL CO- ORDINATION &amp; CORE MUSCLE</u></b>
<b>COMMANDS GAMES ACTIVITIES</b>	Sit-stand, Hands up – hands down. Throw and catch the ball Paper tearing, paper crumpling



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FOR THE MONTH OF AUGUST & SEPTEMBER 2025

ENGLISH READING	<u>LITERATURE SKILL</u> To say alphabets A-Z with Phonic Sound. Recognition of Alphabets with Pictures. (pg. no. 14 to 31) (Firefly foundation alphabet letter recognition)
RECITATION	Traffic Lights (pg. no. 8) Row, Row, Row your boat (pg. no. 32) Ten Little Fingers (pg. no. 36) Bits of Paper (pg. no. 58) (Firefly foundation: rhymes & stories)
WRITTEN	<u>FINE MOTOR SKILL</u> Pre-writing patterns & strokes, hand - eye co-ordination activity, concentration activity, hand finger muscle activity, brain boosting activity, bilateral co-ordination and brain gym activity. Pencil gripping, clay moulding, Tracing on salt & sand.
MATHS (ORAL & WRITTEN)	<u>NUMERICAL SKILL</u> To Say Nos. 0 to 10 & To Write No. 1 to 5
G.K (ORAL)	<u>CONCEPTUAL SKILL</u> Transport (pg. no. 37 to 41) Parts of the body (Firefly foundation: general awareness)
CONVERSATION (ORAL)	<u>COMMUNICATION SKILL</u> <u>My School</u> 1. My school's name is Navodaya English High School and Jr. College. 2. I go to school everyday 3. I study and play in the school. 4. I like my school very much.
STORY	The Grapes are sour
COLOURING	<u>Fine motor skill (Hand- eye co-ordination and crossing the mid line.</u> Brinjal & Lotus
ACTION SONGS	Machhali Jal Ki Rani (pg. no. 18) Transport (pg. no. 37) (Firefly foundation: rhymes & stories)
PHYSICAL EDUCATION COMMANDS GAMES ACTIVITIES	<u>BILATERAL CO- ORDINATION &amp; CORE MUSCLE</u> Open - Shut, Clap your hands, Jump & Hop Passing the ball backward Tri colour hanging, Handi decoration & Diwali Toran



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**SYNOPSIS FOR THE ACADEMIC YEAR 2025-2026**  
**FOR THE MONTH OF OCTOBER**

**REVISION**

**AND**

**I SEMESTER EXAM**



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## SYNOPSIS FOR THE ACADEMIC YEAR 2025-2026 FOR THE MONTH OF NOVEMBER & DECEMBER 2025

ENGLISH  READING	<u>LITERATURE SKILL</u> To say alphabets A-Z with Phonic Sound. Recognition of Alphabets with Pictures. (pg. no. 34 to 41) (Firefly foundation alphabet letter recognition)
RECITATION	My Red Balloon (pg. no. 10) Pussy Cat, Pussy Cat (pg. no. 20) Mary had a Little Lamb (pg. no. 22) Hickory, Dickory Dock! (pg. no. 48) (Firefly foundation: rhymes & stories)
WRITTEN	<u>FINE MOTOR SKILL</u> Pre-writing patterns & strokes, hand - eye co-ordination activity, concentration activity, hand finger muscle activity, brain boosting activity, bilateral co-ordination and brain gym activity. Pencil gripping, clay moulding, Tracing on salt & sand.
MATHS (ORAL & WRITTEN)	<u>NUMERICAL SKILL</u> To Say Nos. 0 to 15 & To Write No. 6 to 8
G.K (ORAL)	<u>CONCEPTUAL SKILL</u> Animals (pg. no. 12 to 21) (Firefly foundation: general awareness)
CONVERSATION (ORAL)	<u>COMMUNICATION SKILL</u> <u>My Teacher</u> 1. My teacher's name is _____ and _____. 2. She teaches me to read and write. 3. She also teaches me to sing and dance. 4. I like my teacher very much.
STORY	A Thirsty Crow
COLOURING	<u>Fine motor skill (Hand- eye co-ordination and crossing the mid line.</u> Kite & Ball
ACTION SONGS	Where is Santa? (pg.no. 56) Five Little Monkeys (pg. no. 24) (Firefly foundation: rhymes & stories)
PHYSICAL EDUCATION  COMMANDS GAMES ACTIVITIES	<u>BILATERAL CO- ORDINATION &amp; CORE MUSCLE</u>  Turn around, Touch the ground, Neck, Shoulder & Wrist Exercise. Ring in the basket Sponge Dabbing & Finger Stamping



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## SYNOPSIS FOR THE ACADEMIC YEAR 2025-2026 FOR THE MONTH OF JANUARY & FEBRUARY 2026

ENGLISH READING	<u>LITERATURE SKILL</u> To say alphabets A-Z with Phonic Sound. Recognition of Alphabets with Pictures. (pg. no.44 to 61) (Firefly foundation alphabet letter recognition)
RECITATION	Counting Rhymes (pg. no.6) Little Bird (pg. no. 26) Incy Wincy Spider (pg. no. 28) Pat - a - cake (pg. no. 50) (Firefly foundation: rhymes & stories)
WRITTEN	<u>FINE MOTOR SKILL</u> Pre-writing patterns & strokes, hand - eye co-ordination activity, concentration activity, hand finger muscle activity, brain boosting activity, bilateral co-ordination and brain gym activity. Pencil gripping, clay moulding, Tracing on salt & sand.
MATHS (ORAL & WRITTEN)	<u>NUMERICAL SKILL</u> To Say Nos. 0 to 20 & To Write No. 9 & 10
G.K (ORAL)	<u>CONCEPTUAL SKILL</u> Flowers (pg. no. 26) Colours (Firefly foundation: general awareness)
CONVERSATION (ORAL)	<u>COMMUNICATION SKILL</u> <u>Personal Cleanliness:-</u> 1. Brush your teeth twice a day. 2. Take bath every day. 3. Cut your nails and keep them clean. 4. We must wash our hands before and after eating our food.
STORY	A Thirsty Crow
COLOURING	<u>Fine motor skill (Hand- eye co-ordination and crossing the mid line.</u> National Flag & Aeroplane
ACTION SONGS	Dhobi aaya Here we go round the Mulberry Bush (pg. no. 54) (Firefly foundation: rhymes & stories)
PHYSICAL EDUCATION COMMANDS GAMES ACTIVITIES	<u>BILATERAL CO- ORDINATION &amp; CORE MUSCLE</u> Exercise No. 1, Laugh, Cry, Fly, Scream Squeezing the sponge Balloon Dabbing & Ear bud Stamping



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**NAV KIRAN**  
**SYNOPSIS FOR THE ACADEMIC YEAR 2025-2026**  
**FOR THE MONTH OF MARCH**

**REVISION**

**AND**

**II SEMESTER EXAM**