



NAVODAYA KANNADA SEVA SANGHA'S
NAVODAYA ENGLISH HIGH SCHOOL AND JUNIOR COLLEGE, THANE.



NAV KIRAN

SYNOPSIS FOR THE ACADEMIC YEAR 2026-2027
FOR THE MONTH OF JUNE & JULY 2026

ENGLISH READING	<u>LITERATURE SKILL</u> To say alphabets A-Z with Phonic Sound. Recognition of Alphabets with Pictures. Letters:- E,F,H,I,L (Book A - pg. no. 23,29,37,41,55) Letter:- T (Book B - pg. no. 21) (Leaps & Bounds : The Alphabet Adventures - A & B)
RECITATION	Wonderful Love (pg. no.5) I Hear Thunder (pg. no.11) Clap Your Hands (pg. no.13) Alphabet Song (pg. no.17) (Leaps & Bounds Periwinkle : Rhymes & Stories)
WRITTEN	<u>FINE MOTOR SKILL</u> Pre-writing patterns, Strokes & Curves, hand - eye co-ordination activity, concentration activity, hand finger muscle activity, brain boosting activity, bilateral co-ordination and brain gym activity, Pencil gripping, Tracing on salt.
MATHS (ORAL & WRITTEN)	<u>NUMERICAL SKILL</u> To Say Nos. 0 to 5 & To Write No. 0 & 1
G.K (ORAL)	<u>CONCEPTUAL SKILL</u> Fruits (pg. no.13 & 14) Vegetables (pg. no. 15 & 16) (Leaps & Bounds Periwinkle : World Around Us)
CONVERSATION	<u>COMMUNICATION SKILL</u> MY SELF (Pg.no. 5) 1. My name is _____ 2. I am 3 years old. 3. I am a girl/boy. 4. I live in _____. Days of the Week (pg. no. 40) (Leaps & Bounds Periwinkle : World Around Us)
STORY	A Thirsty Crow
COLOURING	<u>FINE MOTOR SKILL (Hand- eye co-ordination and crossing the mid line)</u> Book-A :- pg. no. 25,31,39,43,57 Book-B :- pg. no. 23 (Leaps & Bounds : The Alphabet Adventures - A & B)

ACTIVITIES ((Leaps & Bounds : The Alphabet Adventures - A)	<u>FINE MOTOR SKILL</u> Book-A :- pg. no. 32,44,58 Book-B :- pg. no. 24 (Leaps & Bounds : The Alphabet Adventures - A & B)
ACTION SONGS	Apple Tree Song (pg. no.20) Aloo kachaloo (pg. no. 21) Vegetable Song (pg. no.22) (Leaps & Bounds Periwinkle : Rhymes & Stories)
PHYSICAL EDUCATION COMMANDS	<u>BILATERAL CO- ORDINATION & CORE MUSCLE</u> Sit-stand, Hands up - hands down
GAMES	<u>GROSS MOTOR SKILL & COGNITIVE DEVELOPMENT</u> Unwrapping Balls Zip - Unzip Throw the Ball Fishing Fun Hop and Shoot

1. A THIRSTY CROW

A crow felt very thirsty. He looked for water here and there. He saw a big pot of water. He put his head into the pot to drink the water. There was some water in the pot. But the crow's beak could not reach the water. Then the crow had an idea. He picked up small stones and dropped them into the pot. Plop ! Plop ! Plop ! The water came up. He drank the water and flew away happily.



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SYNOPSIS FOR THE ACADEMIC YEAR 2026-2027
FOR THE MONTH OF AUGUST & SEPTEMBER 2026

ENGLISH READING	<u>LITERATURE SKILL</u> To say alphabets A-Z with Phonic Sound. Recognition of Alphabets with Pictures. Letters A, K, M, N (Book A - pg. no. 7,51,59,63) Letters V, W, X, Y, Z (Book B - pg. no. 31,35,39,43,47) (Leaps & Bounds : The Alphabet Adventures – A & B)
RECITATION	Open Them Shut Them (pg. no.14) Five Little Ducks (pg. no.32) Drive Your Car (pg. no.36) Bits of Paper (pg. no.37) (Leaps & Bounds Periwinkle : Rhymes & Stories)
WRITTEN	<u>FINE MOTOR SKILL</u> Pre-writing patterns & strokes, hand – eye co-ordination activity, concentration activity, hand finger muscle activity, brain boosting activity, bilateral co-ordination and brain gym activity. Pencil gripping, Tracing on salt.
MATHS (ORAL & WRITTEN)	<u>NUMERICAL SKILL</u> To Say Nos. 0 to 10 & To Write No. 2 to 5
G.K (ORAL)	<u>CONCEPTUAL SKILL</u> My Body – My Sensory System (pg. no.7) My Five Senses (pg. no.8) Transport (pg. no.19 & 20) Shapes (pg. no. 21 & 22) (Leaps & Bounds Periwinkle : World Around Us)
CONVERSATION (ORAL)	<u>COMMUNICATION SKILL</u> My School 1. My school's name is Navodaya English High School and Jr. College. 2. I go to school everyday 3. I study and play in the school. 4. I like my school very much. Months of the Year (pg. no.41) (Leaps & Bounds Periwinkle : World Around Us)
STORY	A Thirsty Crow

COLOURING	<u>FINE MOTOR SKILL (Hand- eye co-ordination and crossing the mid line)</u> Book-A :- pg. no. 9,53,61,65 Book-B :- pg. no. 33,37,41,45,49 (Leaps & Bounds : The Alphabet Adventures – A & B)
ACTIVITIES (Leaps & Bounds : The Alphabet Adventures – A)	<u>FINE MOTOR SKILL</u> Tri colour hanging, Handi decoration Book-A :- pg. no. 10,54,62,66 Book-B :- pg. no. 34,38,42,46,50 (Leaps & Bounds : The Alphabet Adventures – A & B)
ACTION SONGS	Shape Song (pg. no.23) Indian Flag (pg.no. 38) (Leaps & Bounds Periwinkle : Rhymes & Stories)
PHYSICAL EDUCATION COMMANDS	<u>BILATERAL CO- ORDINATION & CORE MUSCLE</u> Open – Shut, Clap your hands, Jump & Hop
GAMES	<u>GROSS MOTOR SKILL & COGNITIVE DEVELOPMENT</u> Cup Stacking Jumping Hoola Hoop Pass the Ball Ring Toss Pack your Bag



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NAV KIRAN
SYNOPSIS FOR THE ACADEMIC YEAR 2026-2027
FOR THE MONTH OF OCTOBER

REVISION

AND

I SEMESTER EXAM



NAVODAYA KANNADA SEVA SANGHA'S



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NAV KIRAN

SYNOPSIS FOR THE ACADEMIC YEAR 2026-2027
FOR THE MONTH OF NOVEMBER & DECEMBER 2026

ENGLISH READING	<u>LITERATURE SKILL</u> To say alphabets A-Z with Phonic Sound. Recognition of Alphabets with Pictures. Letters:- C,D,O (Book A – pg. no. 15,19,67) Letter:- Q (Book B – pg. no. 9) (Leaps & Bounds : The Alphabet Adventures – A & B)
RECITATION	Once I caught a Fish Alive (pg. no. 15) An Elephant (pg. no. 27) Incy Wincy Spider (pg. no. 31) Our Band (pg. no. 35) (Leaps & Bounds Periwinkle : Rhymes & Stories)
WRITTEN	<u>FINE MOTOR SKILL</u> Pre-writing patterns & strokes, hand – eye co-ordination activity, concentration activity, hand finger muscle activity, brain boosting activity, bilateral co-ordination and brain gym activity, Pencil gripping, Tracing on salt & sand. Strokes:- Curves
MATHS (ORAL & WRITTEN)	<u>NUMERICAL SKILL</u> To Say Nos. 0 to 15 & To Write No. 6 & 7 Counting & Recognition of Nos. 0 to 7
G.K (ORAL)	<u>CONCEPTUAL SKILL</u> Farm Animals and Their Food (pg. no.28) Wild Animals (pg. no.30&31) Birds (pg. no.36 & 38) (Leaps & Bounds Periwinkle : World Around Us)
CONVERSATION (ORAL)	<u>COMMUNICATION SKILL</u> My Teacher 1. My teacher's name is _____ and _____. 2. She teaches me to read and write. 3. She also teaches me to sing and dance. 4. I like my teacher very much. Community Helpers (pg. no.42 & 43) (Leaps & Bounds Periwinkle : World Around Us)
STORY	The Grapes are sour

COLOURING	<u>FINE MOTOR SKILL (Hand- eye co-ordination and crossing the mid line)</u> Book-A:- Pg. no. 17,21,69 Book-B:- Pg.no. 11 (Leaps & Bounds : The Alphabet Adventures – A & B)
ACTIVITIES (Leaps & Bounds : The Alphabet Adventures – B)	<u>FINE MOTOR SKILL</u> Book-A:- Pg. no. 18,22,70 Book-B:- Pg.no. 12 (Leaps & Bounds : The Alphabet Adventures – A & B)
ACTION SONGS	Five Little Monkeys (pg. no. 16) Old MacDonald Had a Farm (pg. no. 26) Machli Jal ki Rani hai (pg. no.30) (Leaps & Bounds Periwinkle : Rhymes & Stories)
PHYSICAL EDUCATION COMMANDS	<u>BILATERAL CO- ORDINATION & CORE MUSCLE</u> Turn around, Touch the ground, Neck, Shoulder & Wrist Exercise.
GAMES	<u>GROSS MOTOR SKILL & COGNITIVE DEVELOPMENT</u> Shape Walk Boom, Clap and Snatch Balloon Balance Walk

2. THE GRAPES ARE SOUR

Once a hungry fox reached a vineyard. He saw bunches of grapes hanging above him. He jumped at them. He jumped again and again. But he could not reach the grapes. At last, the fox was tired. "Ugh ! The grapes are sour. I don't want them," he said. He walked away from the vineyard.



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NAV KIRAN

SYNOPSIS FOR THE ACADEMIC YEAR 2026-2027
FOR THE MONTH OF JANUARY & FEBRUARY 2027

ENGLISH READING	<u>LITERATURE SKILL</u> To say alphabets A-Z with Phonic Sound. Recognition of Alphabets with Pictures. Letters:- B,G,J (Book A - pg. no. 11,33,45) Letters:- P,R,S,U (Book B - pg. no. 5,13,17,27) (Leaps & Bounds : The Alphabet Adventures - A & B)
RECITATION	Perfect Posture (pg. no. 6) Finger Family Rhyme (pg. no. 19) Red, Yellow And Blue (pg. no. 24) I'm a Little Daisy (pg. no.25) (Leaps & Bounds Periwinkle : Rhymes & Stories)
WRITTEN	<u>FINE MOTOR SKILL</u> Pre-writing patterns & strokes, hand - eye co-ordination activity, concentration activity, hand finger muscle activity, brain boosting activity, bilateral co-ordination and brain gym activity, Pencil gripping, Tracing on salt.
MATHS (ORAL & WRITTEN)	<u>NUMERICAL SKILL</u> To Say Nos. 0 to 20 & To Write No. 8, 9 & 10 Counting & Recognition of Nos. 0 to 10
G.K (ORAL)	<u>CONCEPTUAL SKILL</u> Colours (pg. no.23 & 24) Flowers (pg. no. 25 & 26) Musical Instruments (pg. no.44 & 45) (Leaps & Bounds Periwinkle : World Around Us)
CONVERSATION (ORAL)	<u>COMMUNICATION SKILL</u> Festivals of India (pg. no.48 & 49) Healthy Habits (pg. no.50-52) 1. Brush your teeth twice a day. 2. Take bath every day. 3. Cut your nails and keep them clean. 4. We must wash our hands before and after eating our food. (Leaps & Bounds Periwinkle : World Around Us)
STORY	The Grapes are sour

COLOURING	<u>FINE MOTOR SKILL (Hand- eye co-ordination and crossing the mid line)</u> Book-A:- Pg. no. 13,35,47 Book-B:- Pg.no. 7,15,19,29 (Leaps & Bounds : The Alphabet Adventures – A & B)
ACTIVITIES (Leaps & Bounds : The Alphabet Adventures – B)	<u>FINE MOTOR SKILL</u> Book-A:- Pg. no. 14 Book-B:- Pg.no. 8,16,20,30 (Leaps & Bounds : The Alphabet Adventures – A & B)
ACTION SONGS	Sunshine Smile (pg. no. 7) Happy Day (pg. no. 8) Community Helpers (pg. no.34) (Leaps & Bounds Periwinkle : Rhymes & Stories)
PHYSICAL EDUCATION COMMANDS	<u>BILATERAL CO- ORDINATION & CORE MUSCLE</u> Exercise No. 1, Laugh, Cry, Fly, Scream
GAMES	<u>GROSS MOTOR SKILL & COGNITIVE DEVELOPMENT</u> Musical Chair Ring Crossing Pick, Move And Drop Colour Sorting Memory Game Texture Exploration



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NAV KIRAN
SYNOPSIS FOR THE ACADEMIC YEAR 2026-2027
FOR THE MONTH OF MARCH

REVISION

AND

II SEMESTER EXAM